

Instructions Swiss Olympic Ethics Compass - Workshop

The dignity of all participants should be the top priority in Swiss sport. Athletes, coaches and all people involved need sport to be healthy, respectful, fair and successful. There is no place for infringing ethics or crossing boundaries. The Ethics Compass and the associated game raise awareness, provide information, encourage ethical practices, thereby improving quality in sport.

Objective:

- **Individual assessment of ethical topics:** based on the colours green, grey, orange and red (more information on the colours in the [information menu](#) of the Ethics Compass) and when deciding what the right level is. Both too much and too little power, ideals, proximity and pressure can harm dignity.
- **Promoting discussion on the topic of “ethics in sport”:** What protects human dignity in Swiss sport? And what violates it?

Composition:

- Board with Swiss Olympic Ethics Compass (download and print out large)
- Figures (e.g. chocolate, small Post-it notes and paper clips)
- Optional: Internet access via mobile phone at swissolympic.ch/ethics-compass

Instructions:

1. One participant chooses a scenario and reads it out loud to the group.
2. The participants decide individually how they would classify the situation on the ethics compass colour wheel, and place the figure on the board in the corresponding colour area.
3. The players answer the questions displayed on the board:
 - Why are you placing your character in this colour area?
 - What do you think about this scenario?
 - Have you experienced similar situations in your everyday life?
 - Is it possible to improve the situation through taking appropriate action?
 - Where is the scenario located on the Swiss Olympic Ethics Compass?
4. Once the questions have been answered and the discussion has ended, the next participant chooses a scenario and the round starts again.

